



**Sermon-based small groups connect the week to the weekend!**

*Dig deeper into the talk each week, while getting connected, cared for and known. Challenge yourself to see how the message actually makes sense and applies to your everyday life and do it with people just like you to support you on your journey.*

**Message Info:** The Backwards Path, 2/06/22 - Happiness isn't just something to know about it is something to experience. God wants you to experience all he has for you and one way to experience it is to have concern/regard for the weak. It's backwards. To experience happiness we need less self focus and more care for others. It is simple and something we call can do and yet we all struggle with it sometimes. (Passages: Psalm 41; James 1:27; Luke 10:25-37)

**Discussion Questions:** Take your time and dig into these questions.

Can you think of something had but never experienced? What do you think keeps us from experiencing the blessings God has for us?

Read Psalm 41. What sticks out to you from this passage and why?

The path to experiencing the blessing of God is backward. Less about you and more about others? Can you share an experience where you helped someone and experienced joy or happiness because of your efforts. Can you tell the story with the group?

Read Romans 15:1-2 How do these verses tie into the big idea in Psalm 1? Any observations to add to the discussion from these verses?

How can you be more aware of the people God places around you and what they could be struggling with?

Create a list of practical ways you/we could actually put action to "regard for the weak."

How could you put your faith into practice in this area this week?

**Group Challenge:** Adopt Sch. Haven or the Tremont Food Pantry. Collect some food to help support these amazing groups. Bring them to your next group. (Leaders contact Ruth - [ruth.e.torres0519@gmail.com](mailto:ruth.e.torres0519@gmail.com) for more info!