



Sermon-based small groups connect the week to the weekend!

Dig deeper into the talk each week, while getting connected, cared for and known. Challenge yourself to see how the message actually makes sense and applies to your everyday life and do it with people just like you to support you on your journey.

Message Info: Swept Over, 7/10/22 - Trouble can be unavoidable and sometimes life hurts. It can feel like waves of anxiety, worry, sadness, stress and grief are unending and buffet against our lives sweeping away our peace and joy. But, some boats don't sink and you can trust Jesus even in the midst of your current storm. For people of faith we can find comfort in knowing Jesus is in our boat. (*Passages: Matthew 8:23-27*)

Discussion Questions: Take your time and dig into these questions.

Do you or did you ever have a friend who when you spent time with them, it always seemed to end up in trouble. Can you share a story (it can be a funny one)?

What are some examples of stress and trouble we can experience even when we do everything right?

Read Matthew 8:23-27. What sticks out to you from this passage? Why?

Do you recall the three reasons sleeping Jesus should give us comfort from the message? If not can you think of some reasons why this Jesus should give us comfort even in the midst of the storms of life?

The message said that to “catch the vibe” of Jesus in the boat in the storm you have to know Jesus and you have to have experienced his presence? What are some ways you can grow in knowing Jesus and in experiencing His presence?

Any takeaways you can try to apply this week?

Group Challenge: Adopt Sch. Haven or the Tremont Food Pantry. Collect some food to help support these amazing groups. Bring them to your next group. (Leaders contact Ruth - ruth.e.torres0519@gmail.com for more info!