



Sermon-based small groups connect the week to the weekend!

Dig deeper into the talk each week, while getting connected, cared for and known. Challenge yourself to see how the message actually makes sense and applies to your everyday life and do it with people just like you to support you on your journey.

Message Info: Breaking The Stronghold, 10/2/22 - We often don't think about how we think, but how we think has a profound affect on our lives. Our thoughts drive our actions. To complicate things our enemy, the devil is constantly lying and trying to mess with our heads. What we need is to take a good look at our thoughts and start to take captive every though that has been keeping us captive. We need the truth. We can know the truth through Jesus. We can experience the truth through His word. *(Passages: 2 Corinthians 10:3-6; John 8:31-32, 44; John 14:7; Ephesians 6:10-18)*

Discussion Questions: Take your time and dig into these questions.

Did you ever get blindsided by something that you weren't paying attention to? What happened?

Mind the Gap (our series title) is about paying attention to space we don't often pay attention to but can cause us a lot of hurt. Do you think our thoughts are a space most people don't pay attention to?

How have you seen faulty thinking or a lie believed as true cause hurt in someones life? How has it caused hurt in your life?

Read 2 Corinthians 10:3-6. What sticks out to you from this passage? Why did that part stick out?

If the devil is the father of lies (John 8:44) and wants to mess with how you think. What are some of the lies he throws at you that you have believe to be true? In other words what are your strongholds?

What is a truth from God's word that speaks to the stronghold in your life and how can you create a new pathway with this truth this week?

Group Challenge: Invite a friend to join your group.