



Sermon-based small groups connect the week to the weekend!

Dig deeper into the talk each week, while getting connected, cared for and known. Challenge yourself to see how the message actually makes sense and applies to your everyday life and do it with people just like you to support you on your journey.

Message Info: Head and Heart, 11/6/22 - Trust grows with knowledge about the person or thing you are placing your trust in and confidence grows with experience. It's a head and a heart thing. We have been talking so much in this series about how we think. When you engage both your mind and your heart in your journey with God your faith really clicks and you find yourself being more courageous, your strength grows, you are anchored and your life is full in so many good ways. Give God your head and your heart. (Passages: *Jeremiah 17:7-10; Colossians 3:1-4; Hebrews 12:2*)

Discussion Questions: Take your time and dig into these questions.

You ever place trust in someone or something only to find out they weren't who you thought they were? What happened?

Why do you think it is important to know what or who you are trusting?

How or why does experience grow our confidence in someone or something?

How does trust and confidence grow when it comes to our relationship with God?

Why do you think it is important to have our heads growing in knowing more of who God and our hearts growing in confidence as we experience God in our lives?

Read Jeremiah 17:7-10. What sticks out to you about this passage? Why did that stick out to you?

How does this passage describe a person whose trust and confidence is placed in God? List the characteristics out.

Read Colossians 3:1-4 and Hebrews 12:2. How can you live out these two passages this week?

Group Challenge: Adopt Sch. Haven or the Tremont Food Pantry. Collect some food to help support these amazing groups. Bring them to your next group. (Leaders contact Ruth - ruth.e.torres0519@gmail.com for more info!